

Providing hope and support through addiction education for families.

Workshops are 60 minutes long and free of charge. Private and closed Facebook group is also available to join online.

Family Dynamics meetings are held bi-weekly to educate, support, and help families deal with issues arising from a loved one with a substance use disorder.

Families with a loved one addicted to drugs and alcohol can find support and hope from a Family Dynamics meeting.

All family members and friends are welcome to join Family Dynamics meetings.

Family Dynamics Support Group

Every other Saturday at 11:00am
Prince of Peace Church
11900 Darnestown Road
Gaithersburg, MD. 20878

FamilyDynamicsGroup@gmail.com

Online:
<https://www.facebook.com/groups/FamilyDynamicsGroup/>

Family Dynamics Support Group

Helping families gain support while dealing with an addicted loved one.





Founding of Family Dynamics

Family Dynamics is a bi-weekly family workshop and online support group founded in 2017. Meetings are facilitated by Robert Roth, licensed Marriage, Family & Child Counselor, and Master Addiction Counselor.

Family Dynamics meetings are open to anyone of any background as the primary goal is to provide hope through education and support for families dealing with addicted loved ones.

Family Dynamics group meets weekly to educate, support, and help families deal with issues arising from a loved one with addiction. We are also available online through a private and closed Facebook group.

Judgement free zone

We encourage members to share freely and openly as the foundation of this group is built on confidentiality and support.

Support

Family Dynamics meetings allow families to learn proven ways to help loved ones, and find peace and joy in their own personal life. These meetings provide a way to help manage the issues that surround having a loved one who is addicted.

Free of charge

Meetings are 60 minutes long and free of charge. Each meeting contains an educational component and a sharing component. Sharing is encouraged but not required.

“A way for people to gain the therapeutic value of one family helping another.” — Family Dynamics Member

The groups are focused on understanding the problem, and focusing on possible solutions.

Each person has the option to participate but sharing is not required.



Exploration and discussions of educational topics including, but not limited to:

- Enabling
- Defining addiction
- The alcoholic family
- Healthy relationships
- Empathy
- Respect and judgement
- Addiction and recovery

Online Group

“Family Dynamics Support Group” on Facebook is a group of parents and family members with loved ones who suffer from addiction.

This is a closed group. Everything shared in the group is completely confidential.

We learn together from educational topics and each other's experience.

<https://www.facebook.com/groups/FamilyDynamicsGroup/>

Contact Us

Family Dynamics Support Group

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